Meridian Weekly

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March 29, 2020 VOLUME 28 • ISSUE 1518 12 PAGES

Note from Shiawassee RESD Superintendents

Staff, Families, and Communities

As a result of our unexpected closure, some families in our communities have expressed concern and confusion regarding online learning for students. The Superintendents of the Shiawassee RESD service area believe in equitable access to education for all students and are committed to this end within and between our districts.

The Michigan Department of Education (MDE) states that for school districts to adequately provide online learning they must be able to answer "Yes" to ALL of the following questions:

- •Do ALL students have access to appropriate learning devices?
- •Do ALL students have access to the internet?
- •Can the district successfully support the needs of ALL learners? (Including all IEP, 504, English Learners and other student accommodations)
- •Have educators previously participated in professional learning opportunities that prepared them to transition teaching and learning online successfully?
 - •Have students had enough prior exposure to online learning to be successful?
- •Does the district have in place an online management system to effectively support online learning?

Public schools cannot provide instruction that knowingly excludes any student or groups of students and have an obligation to ensure equitable access for all. Additionally, the MDE answered the question about instructional time during this school closure in a memo released today stating "there is no mechanism to earn instructional time during a period of mandated school closure" and also sent out a press release on Friday regarding this topic. We will continue to seek assistance from the State regarding this concern.



Considerable planning, resource allocation, and training must occur to effectively transition to online instruction.

While districts are taking steps toward this, significant barriers must be addressed to fulfill the mandate that a public education is free and accessible by all.

As school leaders, we are humbled by watching our communities mobilize to help one another. So many volunteers have stepped in to help families and students. This includes our staff who are sharing optional enrich-

ment resources, playing music and reading stories on Facebook Live and assembling or delivering food to those in need.

Thank you for your patience, understanding and support as we work through this unprecedented time together.

Tricia Murphy-Alderman, Bryon Area Schools Matt Shastal, Laingsburg Community Schools Anthony Bertiaume, New Lothrop Area Public Schools Lori Haven, Perry Public Schools John Fattal, Corunna Public Schools Craig McCrumb, Durand Area Schools Mike Dewey, Morrice Area Schools Andrea Tuttle, Owosso Public Schools David Schulte, Shiawassee RESD



2020 Home Garden Business EXPO Postponed

submitted by Sue Kadlek

The Home Garden Business EXPO scheduled for April 18th -19th is being postponed due to the nationwide COVID-19 crisis. A date for the event will be selected after the governor's "Stay Home, Stay Safe" order is lifted.

"We feel this is in the best interest of our vendors and certainly our guests," said EXPO Chairman Kevin Maurer of Maurer Heating & Cooling. "The planning committee has not taken this decision lightly and every effort will be made to hold a phenomenal show, just at a later date." stated Maurer.

date," stated Maurer.

Chamber President/CEO Jeff Deason added, "I fully support postponing EXPO for the health and safety of our community. The chamber staff and board of directors have turned our focus on helping businesses through the next month and beyond. We are currently retooling to be the local "boots on the ground" for small business loans and grants. My commitment is to continue to share information and be a resource to help our businesses survive and eventually thrive."

Local, state and federal resources are updated daily on the Chamber's website at www.shi-awassseechamber.org.

Businesses that have questions regarding the EXPO may email skadlek@shiawasseechamber.org or call Sue Kadlek directly at 989-720-5047.

The Shiawassee Regional Chamber of Commerce connects leaders & supports entrepreneurs so that together we build an extraordinary Shiawassee region.

COVID-19 Causes Increased Need for GLFB Volunteers, Donations

submitted by Linda Culpepper

With COVID-19 hitting Michigan hard, the Greater Laingsburg Food Bank now has a greater need for donations and volunteers to help distribute food products.

We are now utilizing at least 4 volunteers each time the GLFB is open. It used to be 2. I believe the needs of our food bank are increasing with ongoing spread of COVID-19.

Our food buyers are going every week to make sure that we have enough to hand out to all who come to us.

We also ask that if you know of someone who is hurting financially and needs food for their family, please invite them to come with you.

All we ask is that you live in the Laingsburg area, and have a Laingsburg address on your license or other identification. We are now asking that you stay in your car until we bring your order to you. We will place it on the table and then you may pack it in your vehicle. This allows the 6-foot social distancing recommended by the CDC. Please be patient with us, it is taking a little more time.

The GLFB is located at the United Methodist Church on Crum Street. Hours are: Monday 1:00 pm 3:00 pm and Thursday 6:00 pm-8:00 pm.

Questions? Want to come help us? contact Linda Culpepper at 517-285-0789. You do not have to live in Laingsburg to volunteer for a 2-hour shift



Sparrow Health System is offering 24/7 virtual care visits via smartphone, tablet or computer.

Visit **Sparrow.org/Coronavirus** for more information. Enter "**Sparrow**" into Service Key field when registering.









Social



Salt Sales MILLER'S Soft Water 9450 E. M-21 Ovid 834-5012



Mint Country Garden Club

The monthly meeting of Mint Country Garden Club will NOT be held this April due to concerns about the Covid 19 virus. We will keep members updated about future meetings. For further information about meetings or how to become a member. email mintcountrygardenclub@gmail.com or call 517-599-6307



Check us out at www. lilgsitalian.com

Ovid Public Library Closed

The Ovid Public Library Board has closed the Ovid Public Library until at least Monday April 13, 2020, because of the coronavirus. All scheduled activities are cancelled. No fines will be issued during the virus shutdown.

Meal Pick Ups for **Older Adults**

submitted by Tammy Lemmer

LANSING - As a provider of essential food and safety services for older adults, the Tri-County Office on Aging (TCOA) remains open with limited staff on-site to manage program logistics. Among other services, the Meals on Wheels home delivery program continues to operate with increased health and safety precautions in place.

While all TCOA Congregate Senior Dining sites are currently closed due to the risk of spreading COVID-19 through large group gatherings, individuals age 60 and over and their caregivers are eligible to participate in a food pick up opportunity at locations across the region in all three counties. Pickups will include packs of 7 frozen meals with fruit, bread and milk.

Meal pick up must be arranged in advance by calling Tasha Stetler at 517-887-1393 to schedule a pickup appointment. Callers will be asked to give their name, phone number, address and birthdate. The only qualification is to be over 60 years of age or providing primary care for someone age 60+. Please make sure you have a way to heat the meals, microwave is preferred. Special arrangements may be available to those that cannot heat the food, and for those unable to get to a pick up

For other food access questions or to address other needs, please call 211 or visit http://www.centralmichigan211.org/.

Meal pick up locations:

Clinton County

DeWitt - St. Jude Catholic Church 801 N Bridge St. St. Johns Senior Center- 201 E Walker, St. Johns United Church of Ovid-131 Front St, Ovid



AND FINANCIAL SERVICES

NOTICE

Due to the STATE SHUT DOWN we cannot see any clients until April 14, 2020.

You can drop your taxes off thru the door drop-slot and we will complete them.

If you were scheduled for an appointment from /24 thru 4/13 please drop off your tax information We hope to resume after the shut-down is lifted.

Income Tax Service · Electronic Filing Offering Investments, Insurance & Complete Range of Retirement Plans

Drop off hours will be 8 am to 5 pm Other hours by appointment Mailing address is P.O. Box 376, Ovid, MI 48866

DANIEL BUKOVCIK 101 N. MAIN ST., OVID Phone (989)834-2270 Fax (989)834-2279

Capital Area Community Services

submitted by Rebecca Zemla

CACS continues to monitor actions and communications from a number of sources related tot he Coronavirus/COVID-19 situation. It is our priority to continue to provide services to those in need while also keeping our clients and staff safe.

CACS, Inc., has implemented various recommendations provided by health officials. While some of these recommendations include the closing of facilities and social distancing, at this time we continue to provide services with some program modification.

Below is a summary of program modifications we have made, effective March 16, 2020. We realize these are unique times and circumstances and hope the communities we serve are understanding of the changes we made until further notice.

Head Start: Head Start and Early Head Start programs are suspended until April 13, 2020. Family advocates are making weekly contacts to all families providing support such as diapers to Early Head Start families, mailing a monthly program newsletter with daily activities, and have added links on the CACS Head Start website to connect to other websites that provide additional activities for children. Information about feeding programs that can be accessed can also be found on Head Start website at www.cacsheadstart.org

CSFP/TEFAP: Both food programs continue to operate with operational modifications. Already packaged food boxes will be delivered to waiting cars. Staff from CACS units are packing the food boxes; volunteers are not.

CACS Service Centers: Services provided by Service Center staff is being scheduled on an appointment only basis. Signage is posted at all Service Center sites indicating how to reach staff.

Financial Literacy/Property Tax Foreclosure Prevention Program: Services are being initiated through an initial phone call. Staff will serve clients remotely.

Tax Preparation Services: Tax Preparation service have been suspended until further notice as per AARP and VITA.

Homeless Program: Services are being initiated through an initial phone call. In person meetings to follow up will be determined on a case-by-case basis.

Weatherization Services: Weatherization Services have been suspended until April 5, 2020.

For information, visit our website at https://www.cacsinc.org or call 517-393-7077.

For headstart visit www.cacsheadstart.org

2020 Meeting Calendar Middlebury Township

P.O. Box 622, Ovid, Michigan 48866 989-834-9900

Supervisor: Michael Herendeen Trustee: Richard Semans Clerk: Rose Brown (989-640-3279)

Trustee: Gary Kiger Treasurer: Carolyn Stevens

Note: Meeting Day of the week change: **Every 2nd Tuesday of each month except** August no Meeting.

All meetings will be held at 7627 M-21. Ovid. MI and will start at 7:00 pm

> April 14 May 12 June 9 July 14 **August No Meeting** September 8 October 13 November 10 December 8



Mary's Country Kitchen

M-21 Ovid · (989) 834-9640

Call to order..we'll bring to your car!

This Listing Submitted by the Laingsburg Community & Business Association

Company Name	Phone	Open / Closed	Restrictions	Company Name	Phone		en / psed Restrictions
All Tech Automotive	517-651-5043	Open	No Restrictions	Rosa Villa Retreat	517-285-1426	Open	Accepting Reservations for late summer through end of year; Available by Phone Only
Ben Frederick,				Sage Market	517-651-6228	Open	Ages 60+: 8-10am; Others: 10am-9pm
State Representative - District 85	517-373-0841 Open	Available by Phone or E-mail (BenFredrick@house.mi.gov)	Shiawassee Econimic Dev. Partnership	989-725-9241	Open	Available by Phone Only	
Bookmark Alpacas	517-641-7251	Open	Mailing Orders Only; Farm is Closed	St. Isidore Church	517-651-6722	Open	Private Prayer Only; Also Available by Phone
C & S Electric	989-721-7965	Open	Emergency Calls Only	Tammy's Bakery	517-651-1989	Open	Take Out Only
Central Pharmacy	517-651-1777	Open	No Restrictions		4049-4040-3243-V0444-1945	25 20 20 20 20 20 20 20 20 20 20 20 20 20	E
Farm Bureau Insurance	517-730-0707	Open	Working from Home	Twilliger's Tavern Tyler Heating and	517-651-9911	Open	Carry Out Only; 12pm to 8pm
Graham Community	517-675-5401	Open	Available by Phone; Private Prayer Available; Services Available Online; Facebook & E-mail Prayer Groups Available	Cooling Wirostek Lighting	517-282-4347 517-285-5936	Open Open	No Restrictions Available by Phone Only
Church Granger	517-372-8340	Open	Buildings are Closed		517-927-2081		8 10
Grove Bible Church	517-651-5729	Open	Private Prayer Only; Services Available Online; Available by Phone	Klotz Floors Strouse Welding	(616) 325-8517	Open Open	By phone only Open at Shop Travel is limited
J&H Family Stores	517-651-5244	Open	No Restrictions	Firefly Ridge /	810-444-2805	Closed	Closed; Taking CSA Orders Online/Phone for the 2020 Season
JL Matthews Construction	517-420-2326	Open	Emergency Calls Only	Laingsburg Public	517-651-6282	Closed	Online Books Available
K-13 Physical Therapy and Sports	517-651-1322	Open	No Restrictions	Library Xtreme Mason Contractors & Concrete	517-719-7590	Closed	Emergency Calls Only
Laingsburg Animal Hospital	517-651-9777	Open	Limited Appointment Only	Construction			
Laingsburg Dairy Den	517-919-1258	Open	Limited Hours - 4-8pm; Follow on Facebook	Ben's Tech Supply - St. Johns	989-620-1415	Closed	Closed
Laingsburg United Methodist	517-651-5531	Open	Church is Closed; Food Bank is Open; Services Available Online; Prayer Meetings & Bible Study Groups Available Online	Boondocks Saloon and Grill Brushed Salon	517-919-6099 616-901-2157	Closed	Closed
Church				Choice Realty	517-927-7698	Closed	Closed
Leonards Hardware	517-651-5477	Open	No Restrictions	Corner Cuts	517-651-5264	Closed	Closed
McCardel	517-235-5960	Open	Emergency Calls Only	Frederick Book Store		Closed	Closed
Restoration McPhail		_		Klotz Flooring Laingsburg Dental	517-651-6415 517-651-5029	Closed	Closed Closed
Insurance Agency	517-941-5006	Open	Working from Home	Services Laingsburg Eye			
Michigan Livestock	989-834-2661	Open	No Restrictions	Care Laingsburg Public	517-651-6608	Closed	Closed
Services Inc.	615-612-8295	Ones	Emorgopou Callo Only	Schools	517-651-2705	Closed	Closed
MJ Real Estate Mr. Sandless	517-749-4341	Open Open	Emergency Calls Only quotes over phone	Looking Glass	E47 0E4 0040	014	Classia
Ovid Outdoor Power	989-834-5511	Open	No Restrictions	Community Outreach	517-651-6846	Closed	Closed
PDP's Pizzeria	517-651-2199	Open	Take Out and Delivery	Peacock Road Family Farm	517-651-9193	Closed	Closed
Pine Hills Golf Course	517-651-9700	Open	Call for Details	Respite Volunteers of	989-725-1127	Closed	Closed
Rathbun Public Relations	517-651-5358	Open	No Restrictions	Shiawassee Spirit	000 FE0 1121	7,0000	
Residential Electrical Services	517-204-3923	Open	Emergency Calls Only	Expressions Dance Studio	517-490-0392	Closed	Closed
RH Meihls & Associates -	810-397-8899	Open	Limited Office Hours	Subway - Laingsburg The Laingsburg	517-651-7373 517-256-1399	Closed	Closed
Printing Rob's Handyman Services	517-648-1102	Open	Emergency Calls Only	Clothesline	317-230-1399	Ciosed	olosed .

In Loving Memory of Tony Sinicropi

March 26, 2015



Your Presence We Miss, Your Memory We Treasure. Loving You Always, Forgetting You Never

Love, Your Family

Community Joins Together to Create Needs Hotline

submitted by Grace Czubachowski

CORUNNA, MI- A community needs hotline has been established to assist Shiawassee County residents with meeting essential needs. The hotline is available for anyone to call to receive help for themselves, friends and neighbors. Our community will work together to try to fill those requests for county residents.

Hotline number is: 989-743-2460

Hours of operations are: Monday- Friday 9:00 a.m. to 4:00 n m

There will be a voicemail available after hours

Please continue to follow the Shiawassee County Health Department Facebook page for any changes to the hours of operation.

None of us is as Strong as all of us Together

Joe Sovis 3/5/29 to 3/30/07



Your resting place we visit
The plants we place with care
But no one knows the heartache
As we turn and leave you there.
We think about you always
We talk about you too
We have all of our memories
But we wish we still had you.
We love and miss you,

Your Family

CHURCH DIRECTORY

Advertise In Our Church Directory! Call (989) 834-2264

Middlebury United Methodist Church

8100 W. Hibbard Rd., Ovid 989-834-2573



Worship Service 9:30 a.m. Rev. Melanie Young

Bannister United Methodist Church

103 Hanvey Street Pastor: Zella Daniel Sunday Worship 11:00am

Duplain Church of Christ

5565 E. Colony Rd.
(3 mi. W. of O-E H.S.)
Sunday School
10:00 a.m.
Worship Service
8:30 & 11:00 a.m.
Jr. & Sr. High Youth Group
Senior Minister: Chuck Emmert
Associate Minister: Andrew Goodrich

www.duplainchurch.org

FENMORE BAPTIST

Preaching the KJV, Traditional Hymn: Sunday School 10am Jr. Church 11am Sun. A.M. Worship 11am Sun. P.M. Worship 6pm

Pastor Ron Lovell 989-842-0068 7888 Hollister Rd. Elsie

FAITH FELLOWSHIP BIBLE CHURCH

Corner of Price & Chandler, St. Johns Pastor: John Jakus Sunday School: 9:30am Worship Service 10:30am 517-651-6210

ELSIE UNITED METHODIST CHURCH

160 W. Main St., Elsi e(989) 862-5239

Worship Service: 9:30 a.m. Pastor: Ava Williams

LAINGSBURG UNITED METHODIST CHURCH

210 CRUM ST. **517-651-5531**

Children's Sunday school: 9am Adult Sunday school: 9am and 11:45am Worship: 10am Pastor Brian West laingsburgumc@gmail.com



FIRST BAPTIST CHURCH

163 W. Main St., Elsie Worship Service 9:30 a.m. Sunday School 10:45 a.m. Pastor Roger Numerich

United Church of Ovid

Office Hours: 9-Noon Mon - Fri Sundays am: 10:45 - Hymnsing

11:00 - Worship 131 West Front Street

131 West Front Street
Ovid, MI 48866 • (989) 834-5958
www.unitedchurchofovid.org
or on Facebook
Rev. Melanie Young

St. Cyril Catholic Church

Mass: Sun 10:30am, Wed. 9:00am,

Word & Communion
Every 3rd Friday at 9am

Confession: Sun 11:30am

We Welcome You to Come...

Meeting Dates and Times

Laingsburg American Legion Service Officer - Monday, April 6th at Post Home.

Elsie American Legion Service Officer - Every Tuesday 9am-11am at Post Home.

City of Laingsburg - Meets the first Monday of each month. The next meeting wil

City of Laingsburg - Meets the first Monday of each month. The next meeting will be Monday, April 6th at 7pm at 114 Woodhull St. Laingsburg.

Woodhull Township - Meets the first Wednesday of each month. The next meeting will be held Wednesday, April 8th at 7pm at 7315 W. Beard Rd., Shaftsburg.

Fairfield Township - Meets the first Thursday of each month. The next meeing will be held Thursday, April 9th at 7pm at the Township Hall.

City of Ovid - Meets the second Monday of each month. The next meeting will be held April 13th at 7pm at City Hall, 114 E. Front St., Ovid.

Sciota Township - Meets the second Monday of each month. The next meeting will be held April 13th at 7pm at the township hall located at 3990 Leland Rd., Laingsburg.

Victor Township - Now Meets the second Monday of each month. The next meeting will be held April 13th at 7pm at 6843 Alward Rd., Laingsburg.

Village of Elsie - Meets the second Tuesday of the month. The next meeting will be held April 14th at 7pm at 145 W.Main St., Elsie.

Go Positive - Meets April 14th at 6:45 a.m. at Agro Liquid in St. Johns. 3055 W. M-21. Middlebury Township - Meets the second Tuesday of the month. The next meeting will be held April 14th at 7pm at 7627 W. M-21, Ovid.

Duplain Township - Meets the second Wednesday of the month. The next meeting will be held April 14th at 7pm, at 145 W. Main St., Elsie.

Village of Ashley - Meets the second Thursday of the month. The next meeting will be held April 16th at 7pm at 110 N. Sterling, Ashley.

Ovid Township - Meets the second Thursday of the month. The next meeting will be held April 16th at 7pm. at 1015 Baese Court, Ovid.

Keck-Coleman Funeral Home Inc.

"Familiar faces and trusted friends"



1500 Waterford Parkway, St. Johns

989-224-4422



www.keck-colemanfuneralhome.com

Ioe Coleman

Pre-Arrangements have you wondering? Please call us for answers.

Due to the executive order signed into law by Governor Gretchen Whitmer last week to protect public health and safety, all gatherings and services must be limited to 50 people until April 5th at 5:00pm.

We at Watkins Brothers Funeral Homes want everyone to know that we will continue to be here to serve our communities to meet the needs and wishes of our neighbors and friends, but we ask friends and acquaintances to please limit their time during gatherings as much as possible so that those wishing to pay their respects are afforded the opportunity to do so while also staying within this new and temporary law. We will be using vigorous cleaning and disinfecting practices with everyone's health and safety in mind and are also asking the public to do their part while the government is calling for social distancing.

Small businesses will be struggling during these uncertain times and it may be a better option for now to send a card, flowers or even a meal from a local business instead of attending the service in person. This will help to keep people safe while also supporting the local businesses that do so much for our communities every day.

Together our communities will come through this. Please continue to keep grieving neighbors in your thoughts and prayers and help to keep those most vulnerable safe.



Editorial con't on page 10

Parents and Students of Ovid-Elsie Area Schools

We know that right now, things are uncertain. Things are changing rapidly and sometimes that can be scary. But we want you to know that we are still here. We still care, and we will continue to support you. We are not going anywhere. Because in times of uncertainty, it is important to have a support system. We want you to know that you can count on us, you can count on each other, and we WILL get through this TOGETHER!

So how are we going to do this? First of all, it is so important that you stay active. Find something to do every day. Keep your minds working. Your teachers at Ovid-Elsie know how brilliant you are, and we don't want the world to miss out on your poten-

tial. It has always been our mission to prepare you for the world ahead, and our work is not over. But we are no longer there to tell you to pay attention, to focus and stay on task, so YOU are going to need to do that. Not for your teachers, not even for your parents, but for yourself. If we only spend time on our phones, or social media, there is so much that we will miss out on. We know that you all deserve better than that. So don't stop reading, learning, and growing.

Outside of academics, there are many other ways to stay active. Get up and move every day. Even if it is only for 30 minutes. Physical activity is good for both the body and mind. Also, find something that is important to you, and work on that every day. Join our Get Better Challenge. Find a skill, hobby, or topic you want to know more about. And while the world is trying to get better physically, let us also focus on improving ourselves. Make a daily routine and follow it. Don't let yourself get bored. Do yourself a favor and use this time to create positive habits.

During this time, you are also going to need each other. So stay connected in as many ways as possible. Reach out to friends, even if it has been a while since you have talked. Start a group chat, Facetime, instead of texting, make an actual phone call. (Just the other day, Dr. Cunningham and his family set up a Zoom conference call with family members from Grand Rapids and Florida!) Whatever it is, we need to keep communication open and stay united as one team. Don't be afraid to reach out to us, even if it is not about academics. Send us an email about how things are going. Because we miss you too. Although isolation is not easy, and I think we can all admit that social distancing is hard, right now it is what we have to do to stay safe and protect the members of our community. At OE, we look out for everyone, we always have, so stay home (when possible) and stay healthy.

We can use this time to make connections virtually that we may not have had in the past. If we look at this through a positive lens, it could make all of the difference in the world. Our time is so valuable, and right now we are blessed with more time than we have ever had, to do more of what we want. We need to use this as an opportunity to focus on who we are, what we want to do, and how we are going to make that happen. Don't let this change the core of who you are.

OE has always been a strong community, and this does not change that. We will get through this together. We are OE, and we've got this!

From your OE School Family

Shiawassee COVID-19 Response

submitted by Emily Marrah

United Way of Genesee County serving Genesee and Shiawassee Counties is accepting donations to assist with the response to COVID-19 in Shiawassee County. Dollars collected will be given to the Shiawassee Emergency Operations Center for distribution through a community-led process. No administrative fees will be taken from these designated funds.

Your contribution makes a difference. Visit unitedwaygenesee.org/give and select the

Shiawassee County COVID-19 Response Fund to donate to this Emergency Community Fund.

The monies collected will be used to meet the need for calls received at the Community Needs Hotline. The Hotline is a collaborative effort between Shiawassee County Health Department, Shiawassee Health and Wellness, Social Service Non-Profits serving Shiawassee County and The United Way of Genesee County.

The hotline is open Monday - Friday 9am to 4pm, Shiawassee Residents can call 989-743-

2460 to report needs arising from COVID-19.



Kitchen Countertop Gardening: Part 1 Vegetable **Scraps**



The Weekly **Sportsman**

by Dan McMaster theweeklysportsman@meridianweekly.com

As you are sitting home during this unplanned staycation please help do your part to fight this national pandemic by growing fresh veggies. You can grow a lot of nutritious veggies from leftover scraps you would normally throw away after preparing a meal. In addition to growing veggies for free, you also help reduce the demand on the fresh produce sections of local grocery stores. Before starting the process of saving money, along with fighting the pandemic, make sure conversations are had with your spouse and everyone is on the same page with these efforts.

Whether you are using scraps from lettuce, celery, onions, cabbage, or even carrots the supplies required are all the same. You need water, a shallow pan, potting soil, and of course some kind of plastic potting container like a used and recycled sour cream or butter tub with drainage holes poked in the bottom. Set up your mini-farm or garden with easy access to water and of course some sunlight. No matter what you are attempting to grow, all are sprouted in a shallow pan with water and then transplanted to a potting container filled with potting soil. Given plenty of sunshine and water and in not too long of time you will be using scissors to harvest multi-

Carrots- If you are cooking with baby carrots then you are out of luck but if you are using regular sized carrots make sure you save the cut off the top where the frilly green foliage grows. This top of the carrot can be placed in shallow water for a few days to let roots and the green top to reappear. When transplanted in soil it will grow into a nice leafy bush but don't expect to get much orange growth beneath the spoil line. The green tops can be chopped up and used as salad greens or prepared in dips and pestos for main entrees.

Lettuce- Romaine works best but iceberg can also grow some sprouts which eventually produce leaves. Trim a very thin slice off the bottom of the lettuce head. When cutting up the lettuce leave about a two inch base for regrowth. Let sit in a shallow tray with water for several days until sprouts and roots emerge and transfer to a potting container with soil. Let grow and take small clippings over time for salads. This plant should be able to produce for a very long time if not overharvested.

Celery- Much like lettuce save several inches of the base and clean up the base with a thin slice. Let sit in water until roots and sprouts develop and then transplant into dirt. Don't expect thick stalks with channels for peanut butter but instead thin round stalks with leaves that can be chopped and used raw or cooked.

Onions- When slicing up an onion leave about an ½ inch base with dried out roots attached. Let sit in water and wait for new roots and multiple green onion sprouts to appear. Transplant to a container with dirt and watch multiple green onion stalks appear. You will never get a bulb but instead will be rewarded with a non-stop supply of green onions that when chopped and diced will add flavor to many dishes.

Cabbage- Similar to lettuce and celery shave off a thin slice on the bottom and let sit in about ½ inch of water until sprouts and roots appear. Transplant into potting soil and watch the plant

each Monday of each week

feet IN LENGTH.

grow. Don't expect a large head but instead multiple small cabbages heads or just a very leafy plant. Use scissors to take cuttings and use in salads or main dishes.

-WS



PUBLIC NOTICE To All Ovid Residents The City of Ovid Department of Public Works will be starting

to pick up brush on April 6, 2020. The brush is picked up on

PLEASE PUT THE BRUSH OUT PARRALLEL TO THE

ROAD & BRUSH NEEDS TO BE NO LONGER THAN 10

VILLAGE OF ELSIE RESIDENTS: PUBLIC HEARING NOTICE

The Village of Elsie is holding Public Hearings on Tuesday, April 14, 2020 at 6:45pm and Tuesday, April 28, 2020 at 7:00pm. The meetings are taking place at the Duplain Township Hall located at 145 W. Main St.

The purpose is to discuss Village Code Chapter 8: Nuisances: Section 8:34 Notice; Procedures for removing, from the Village of

Ann Trierweiler, Village of Elsie Clerk

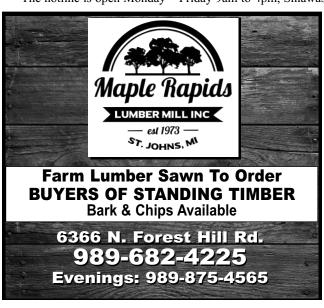
Ordinance #173

REMINDER: WE DO NOT PICK UP GRASS CLIPPINGS,

LANDSCAPE OR GARDEN REFUSE. PLEASE DO NOT PUT THIS AT THE CURB or MIXED WITH YOUR LEAVES.

LEAVES MUST BE IN A BAG OR BOX NOT TO WEIGH MORE THAN 50lb.

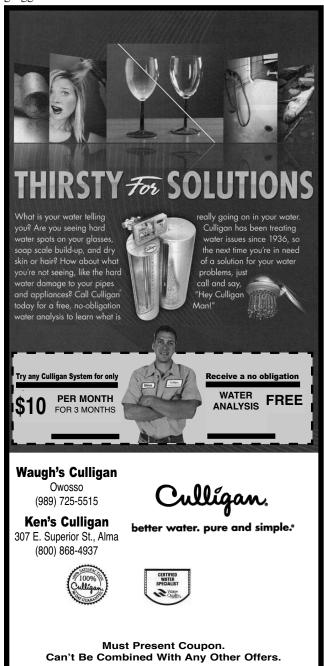
Please have your brush out to the curb by 7 A.M. Thank You. Rich Simpson, Supt. Ovid DPW



Health

Did You Know?

Do you relish the idea of an afternoon nap? If so, you're in good company. Youngsters nap, and so do many seniors. But by and large, humans are part of the minority of mammals that do not sleep for short periods of time throughout the day, instead dividing their days between sleep and wakefulness. However, there are some benefits to catching a midday snooze. The Mayo Clinic says napping can be a way to catch up on sleep lost during the night or if a person is feeling sleep-deprived. It also may be a way to relax, increase alertness and improve mood. Naps should take place before 3 p.m. and not exceed 20 minutes. The longer and later one naps, the greater the potential it will interfere with nighttime sleeping or backfire and cause daytime grogginess.



Various Ways to Alleviate Nurse Burnout

Nursing is a rewarding career, and nurses figure to be in high demand in the coming decades.

As fulfilling as nursing can be, nurses routinely confront issues that other professionals may never



encounter. Nurses are in high-demand, but a shortage of openings in nursing schools in recent years has led to a widening gap between the demand for skilled nurses and the supply, according to the nursing support resource Nursing.org. As a result, many nurses are taking on more work than they can handle. Couple this with the inherently demanding nature of nursing, and it's not surprising that nurses may experience fatigue, mental exhaustion and doubts about the value of their work.

Holli Blazey, MSN, ANP-BC, the Nursing Program Coordinator for Employee Wellness at the Cleveland Clinic, says burnout is "a big problem nationally for all kinds of caregivers, whether you work in an ICU or an ambulatory setting." Long hours, rotating shifts and the stress of caring for ill patients are other factors that can contribute to nurse burnout. Many times nurses muddle through and do not even realize burnout is occurring. However, if anxiety, exhaustion or the desire to skip work is cropping up more frequently, nurses should not hesitate to take action. The following are some ways nurses can cope with burnout.

- Identify your stressors. Write down the things that are stressing you out. Pinpointing circumstances that are causing you to feel overwhelmed is the first step in addressing them. Try tracking responsibilities for a few days and write down feelings after each activity. Then try to identify which are the biggest sources of your stress. Communicate your findings with a supervisor or colleague who may offer advice or work with you to confront your stress in a positive way.
- Don't make new commitments. It's tempting to want to get involved in new projects, especially if job dissatisfaction has you looking for fulfillment elsewhere. But overextending yourself even further may only add to your existing stress.
- Practice relaxation exercises. Engage in slow and meaningful breathing, set aside even a few moments to sit in quiet and take a break, and think about how you can approach the situation in a healthy way instead of giving in to your anxiety.
- Delegate when possible. Find out which tasks can be taken off of your to-do list. Is there something a patient care nursing assistant can do at work? Can you rely on a friend or family member to help out at home? Lighten your load to give yourself time to recuperate.
- Join a support network. Many employers offer employee assistance programs, such as access to a professional therapist. Connecting with other colleagues also can be a great way to build up your support network.

These tips can help nurses find the relief they need when burnout starts to set in. More resources can be found at www.nursing.org.

How to Clean When Faced with a Shortage of Supplies

In light of concerns about COVID-19, various health organizations have issued specific instructions on how to maintain personal safety and cleanliness. These recommendations involve using common household products to sanitize homes, offices and public spaces. As people take such precautions, many are stocking up on extra essentials — resulting in shortages.



Everything from hand san-

itizers to paper towels may be hard to find on grocery store shelves, leaving some to wonder what they can do to remain safe without sanitizers?

The Environmental Protection Agency states that coronaviruses are some of the easiest types of viruses to kill because they have an envelope around them that enables them to merge with other cells and infect them. If that protective coating can be disrupted, the virus can't do its job. For those having trouble finding well-known cleaning agents, these alternatives may suffice.

Hot water and soap: The reason hand-washing is at the top of the list of sanitizing methods is because it is so effective at washing away viruses and bacteria. Friction from scrubbing with soap and water can help break the protective envelope, states the EPA. Soap and water can clean all surfaces in a home, especially when applying a little extra elbow grease.

Hydrogen peroxide: As people clear isopropyl (rubbing alcohol) off the shelves, do not discount hydrogen peroxide. The CDC says household hydrogen peroxide at 3 percent concentration can deactivate rhinovirus, the virus that causes the common cold, within six to eight minutes of contact. Coronavirus is easier to destroy than rhinovirus, so hydrogen peroxide may be effective at combatting that virus as well.

Natural items can be used for general cleaning, but have not been endorsed for use on COVID-19 disinfection. In lieu of shortages, white vinegar, baking soda pastes and citrus oils and juices could fill the void of chemically-based cleansers for other home tasks.

Did You Know?

Sugar is a naturally occurring component in many healthy foods, including fruit. According to the Harvard Medical School, added sugars are not currently listed on Nutrition Facts labels (though the Mayo Clinic expects that to change in the future). That can make it hard to spot foods that contain substantial amounts of added sugars. However, the HMS recommends looking at the ingredients listings on food labels and keeping an eye out for words ending in "ose." The Mayo Clinic notes that fructose, dextrose, glucose, and maltose are the chemical names for various types of sugar. These ingredients can serve as a red flag that a product contains added sugars that can be detrimental to your overall health. In addition to words ending in "ose," shoppers can scan ingredients listings for other common types of added sugars, including cane juice, cane syrup, corn sweeteners, high-fructose corn syrup, fruit juice concentrate and nectars, honey, malt or maple syrup, and molasses



Health

Each of us has some measure of responsibility in limiting and preventing the spread of this disease.

Allowing fear to run wild will not help anyone, including yourself. This article is written to hopefully calm



Let's Survive COVID-19

by LeeAnna Woods

Licensed Therapist, Reiki Master and Owner of Healing Feather Massage & Reiki www.HealingFeatherMassage.com (810) 339-0260

those fears with providing some light, understanding, and knowledge but also make it known that COVID-19 is very serious and dangerous.

This disease started when cases of pneumonia with unknown causes broke out in clusters and was identified around December 31, 2019 in Wuhan, China.

Then on January 7, 2020 it was confirmed those pneumonia clusters were associated with a novel Coronavirus (2019-nCoV), now named COVID-19.

It seems to be believed that COVID-19 was caused by SARS-CoV-2 that causes severe illness and pneumonia.

Now, a lot of people are acting like it's no big deal. They think COVID-19 is simply flu symptoms which we deal with every year. But in reality COVID-19 is a very serious illness and situation.

COVID-19 may only give some people a sore throat and Fever but for others it is very devastating. They become so sick that they are on Ventilators in the hospital fighting for their life and some don't make it.

One of the huge problem we're facing is the lack of ventilator machines to help these people.

The hospitals only have so many and with the spread of this virus growing as rapidly as it is, there's not enough machines to help everyone in need of them.

The importance of us all working together to control the spread of COVID-19 is at the highest. The reality is, it's not the medical workers job or the governments job to stop COVID-19 on their own. They can't, We must each do our part for it to be successful.

We All truly need to work together for the safety of ourselves, our families, our loved ones, our communities, our state, and our Country. Remember the words of "United we stand" because those words have meaning in these hard times. They're also the words to get us through this epidemic.

This is a time for everyone of us to use common sense. There is no need to panic but there is a need for understanding.

I have worked in the medical field and in the hospitals. I'm still in contact with the RNs I worked with.

Please believe that this, is a very serious situation... because it is.

But also believe that freaking out and panicking, is over exaggerating the situation... because it is.

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NO ONE ELSE WILL BE ALLOWED IN THE STORE DURING THIS TIME

THANKS FOR YOUR UNDERSTANDING.

Right now at this very moment everyone just stop. Stop and take a slow deep breath, clear your mind and begin to think clearly. Start using the common sense that each of us have.

What if it was your loved one? Think about that for a moment.

Acting like nothing is going on, is only helping the spread of this disease.

Being in a panic, is only helping the spread of this disease.

Neither of those behaviors are helpful at all. In fact, both are only making matters worse by contributing to the escalation of complete chaos, causing the spread of COVID-19 to significantly increase.

Stop being the person that is helping the disease grow and

Start being the person to help conquer and illuminate the spread. We need to cooperate and work together.

Remember, every choice you make right now, will affect each of us, including you and your family, sooner than you think. Be safe and help stop the spread of this COVID-19 disease.

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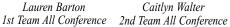
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Sports

O-E Girls Basketball All Conference







Caitlyn Walter



Madison Cunningham Honorable Mention



Kiah Longoria Honorable Mention

Emergency Small Business Relief Funds Allocated to LEAP for Lansing Region

submitted by Victoria Meadows

LANSING - Following more than a week of around the clock preparation, the Lansing Economic Area Partnership has successfully secured \$600,000 from the MEDC's Small Business Relief Program to issue 60 \$10,000 grants to small businesses across Clinton, Eaton and Ingham counties that are suffering financial hardship as a result of the COVID-19 pandemic. The application is expected to be open March 27 or March 28, 2020, through Tuesday, March 31, 2020, and will be posted on LEAP's website at www.purelansing.com/businessrelief.

Since the emergency funds were announced by Governor Whitmer last week, LEAP has worked to develop an application portal and to establish a fair and objective application regional review process. Within this framework, LEAP anticipates contacting awardees by April 6, 2020, with grants distributed to selected businesses by or around April 8, 2020.

"Over the last week, LEAP has heard from hundreds of small businesses in the region who are struggling to stay afloat. LEAP's survey results tell us the best thing we can do to help right now is to get grant funds out the door to them as quickly as possible," said Bob Trezise, president and CEO of LEAP. "This will help a lot of our small businesses, but we also recognize we won't be able to help every small business. We can make sure the funds we have to work with are allocated fairly and distributed quickly. Additionally, we hope the expertise of our review committee and local partner network will be a continued resource for all businesses in need of assistance whether or not selected for the grants.

Small businesses wishing to apply for grant funds must be Michigan-based with under 50 employees (full or part time). Complete eligibility requirements, application scoring criteria, description of the review process, FAQ and a map of local partners able to help businesses with applying are being made available on LEAP's website at www.purelansing.com/businessrelief.

"We're most thankful to Governor Whitmer and the MEDC for their tremendous continued

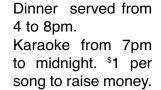
leadership," said Trezise.

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Thank you so much to everybody in advance for joining us, and any help you can give! The family truyly appreciates it!

Lady Wolves Land Four on All-CMAC **Honor Team**

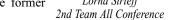
LAINGSBURG -- The Wolfpack girls basketball team has been honored with four players on the 2019-20 All-Central Michigan Athletic Conference (CMAC) honor team.

Laingsburg's 15-8 overall record, 10-6 in the CMAC, was recognized by the league's nine coaches. "I'm very proud of these 4 girls getting recognized by our league," said Wolfpack mentor Doug Hurst.

Kara Mahoney and Grace Graham were both 1st Team honorees.

"Kara has been on varsity all 4 of her high school years and really came into her own over the past two," said coach Hurst. "Kara was a big part of our success last season, and especially a big help this season with a younger team as for varsity experience." Mahoney average 13 ppg, 5 rebounds, 3 assists and 3 steals. She also had 17 blocks on the season and led LHS with 37 three-point

"Grace is a great athlete who has become a very good basketball player, and a problem for opposing teams" said coach Hurst. Graham averaged 12 ppg, 6 rebounds, 2 assists and 6 steals per game. She nabbed 136 steals for the season, shattering the former Wolfpack record, which was 115. Lorna Strieff and Erica Wade were





Kara Mahoney 1st Team All Conference



Grace Graham 1st Team All Conference





2nd Team All Conference

Honorable Mention picks for the red-and-white. "Lorna also has made huge improvements and really jumped her stats up this year," explained coach Hurst. "Erica played her role well and became more confident throughout the season.'

Strieff contributed 7 ppg, 6 rebounds, 1.3 assists and 2 steals per contest. Wade averaged 4.4 ppg, 3 rebounds, one assist and two steals per outing.

Said the coach, "I'm sure all 4 of these girls would agree though that the other 5 played a big part in helping with receiving these honors. We're one family and team. I'm proud of all our girls finishing 15-8 and getting to the District championship. Every one of our losses was to a ranked team or Honorable Mention ranked."

Final Standings

Pewamo-Westphalia 16-0 Fowler 14-2 Portland St. Pats 12-4 Laingsburg 10-6 Potterville 8-8 Dansville 6-10 Bath 3-13 Saranac 3-13 Fulton 0-16 1st Team Emma Riley - Fowler Mia Riley - Fowler Kara Mahoney - Laingsburg Grace Graham - Laingsburg Hannah Spitzley - Pewamo-Westphalia Ellie Droste - Pewamo-Westphalia Lydia Meredith - Portland St. Pats 2nd Team Sophia Westphal - Bath Erin Sherwood - Dansville Kiera Thelen - Pewamo-Wetphalia Sierra Kendrick - Potterville Paigelyn Guernsey - Saranac Samantha Teachworth - Portland St. Pats Mara Schrauben - Portland St. Pats **Honorable Mention**

Annabelle Klusack - Bath Liz Smith - Dansville Emma Halfman - Fowler Kalani Koenigsknecht - Fowler Miakoda Canfield - Fulton Lorna Strieff - Laingsburg Erica Wade - Laingsburg Addison Bauer - Pewamo-Westphalia Darby Lienerth - Potterville Kaylee Bush - Potterville Katelyn Russell - Portland St. Pats



Sports

Thomas a Key Contributor in Wolfpack's CMAC Title Run



Connor Thomas was also a stellar defender for the Wolfpack, in addition to his skills on offense.

LAINGSBURG — Wolfpack senior Laingsburg guard Connor Thomas really is all about the team.

His individual play also improved as his LHS career progressed -- enough to the point that he was recently recognized as the Shiawassee Area Athlete of the Week, as named by the Owosso Argus-Press. He was also honored on the 2019-20 All-Central Michigan Athletic Conference basketball team.

"As long as our team's successful, I'm fine with whatever my performance is like," Thomas said.

His selfless approach to the game didn't gone unnoticed, as Laingsburg head coach Daniel Morrill praised Thomas' contributions

"Connor is an unbelievably selfless young man and a coach's dream," said Morrill. "All he does is work hard and has put the team in front of himself all year."

Thomas said he is more than happy with his role on the team as a sort of spark-plug off the bench.

"I like being the sixth man," he said. "I've always been an off-the-ball guard and I think (playing off the bench) fits my playing style well."

Thomas was a part of Laingsburg basketball all four years, starting at the freshmen level before working his way up to varsity.

sity.

"(Junior varsity) was good for me and that's where my game started to improve," he said. "Last year I didn't see the floor very much because I missed eight games with a hip injury. But this year I was back and I'd say it went pretty good."

Thomas proved to be a key role player for the Wolfpack. In

Thomas proved to be a key role player for the Wolfpack. In a crucial game against Central Michigan Athletic Conference (CMAC) rival Potterville, Thomas was the second-leading



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scorer for the Wolfpack — scoring 13 points off the bench in a 76-74 win. One week later, Thomas made arguably the play of the year for the Wolfpack, when he raced the length of the floor with :03 seconds left in the third quarter to swish a running three-point shot. The play was pivotal in a one-point win over Fowler -- a victory that proved pivotal in LHS earning a share of the CMAC title.

Thomas said the Potterville performance was one of his favorites of his high school career.

"Our big goal was to win the conference and win the districts," he said Laingsburg was one win away from that District Championship when the MHSAA suspended play due

to the COVID-19 outbreak. The Wolves would have taken on Dansville for the District crown at Bath.

After graduation Thomas is planning on attending Lansing Community College for two years and then transferring to Central Michigan University.

He's not sure what he will study, but he does know that athletics will continue to be a part of his life.

"I always plan on continuing to play pickup ball and maybe like slow-pitch softball when I'm older, but nothing real competitive at the collegiate level," he said.

Carson Vincent Memorial Fund 2020 2nd Annual 3 on 3 Tournament



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Sunday, May 31st



Team information

Teams can have 4 players per team. Each player under the age of 18 must have a signature from a parent. Forms and checks must be sent in together. All forms and fees must be in before team is considered "registered". Two games guaranteed and a t-shirt for all players. Registration deadline is 5pm on May 8th, 2020. Parent signature required for all players under the age of 18.

Clip the entry form and mail to: Jackie Leavitt 8601 Woodworth Rd., Ovid, MI 48866

Cost: 3on3 entry fee is \$60.00 due with registration form. Entry fee includes tournament t-shirt for every player. Check or money order can be made to: Carson Vincent Memorial.

Team check in: Registration begins at 7:30 am and games to start at 8:30 am. Players will receive their tournament t-shirt, court assignment, rules and schedule.

Captain:		Contact Number:			
Name:	Name:	Name:	Name:		
Shirt Size:	Shirt Size:	Shirt Size:	Shirt Size:		
Current Grade:	Current Grade:	Current Grade:	Current Grade:		
Male or Female:	Male or Female:	Male or Female:	Male or Female:		
Player Signature:	Player Signature:	Player Signature:	Player Signature:		
Parent Signature:	Parent Signature:	Parent Signature:	Parent Signature:		



Alone we are Strong... together we are stronger

Godliness and growth in times of

Sometimes the way for us become more godly is for God to take us down a path of suffering.

It is a path that we would have never chosen on our own.

I know that I wouldn't. If I was given the path of comfort and ease

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Thoughts

by Chris Hearn tohearns@vahoo.com www.letsmeetgod.com

and the path of suffering, and if I didn't know the end result of both, then sure, I would choose the path of comfort and ease every time.

Yes, we can learn some things going down this road and we can be changed a little bit as we travel down it.

But the path of comfort and ease is not going to grow and stretch us into godliness like only the path of pain and suffering can.

When we go through hard times, suffering, trials, crises, the why questions. That is something different.

While on this road, God can change, mold and shape us in a different way than when we're on the road of ease and comfort.

Sometimes when we're on the hard road, there can be spots that are unique. When we're real-

ly in the ringer. When we are really going through it.
It's when life seems unbearable. When we have a problem that we've tried to solve, which is good to try and do, but we were unsuccessful. Now we're backed into a corner with nowhere to go. We have no answers. No more resources. No solutions

At such times it is just us and God. We know that only God can come through for us. And that if God doesn't come through, then we're sunk. It's over. We have no solution to this problem on our own.

If we let it, this can actually be a very wonderful time of blessing. I don't think that anyone would willingly choose it, but if we're there and we don't turn away from God, then God can use that time to shape us and mold us and change us. To bring us into a deeper, more mature relationship with Him.

We'll see God in ways that we've never seen before.

We'll experience God in ways that we've never experienced before.

God will reveal parts of Himself that we previously knew nothing about.

We can only experience these rich blessings through going down the road o f pain and suffering and through those unique times of crisis while on that road.

If you happen to be there now, stick with it. I've been there myself.

Let the Lord work through you and ask Him for strength and patience to see it through. God knows what you are going through and He is always with you.

Use Your Senses to

Complete the 2020 Census



Have a Question for Andy?

Since receiving several notices and

reminders to complete the Census, I am annoyed to get another letter dated this week from the US Census Bureau to add one more thing to my worry list during the flu pandemic. Why are we doing this right now? And what is it about anyway? Thank you for your advice column. I read everything in the local papers.

Buddy

Dear Buddy.

You must not have remembered your civics lesson from high school; the United States Census is taken every 10 years (decade). I am sure the letters were written and scheduled for mailing them long before we began receiving them. The date due is always April 1st every 10 years. Move this from your "worry" list to your "to-do" list.

It takes less than 10 minutes on the web site: My2020census.gov. Enter the code that was provided in your letter It only asks a few questions documenting the persons living in your home. Only one person per household need to fill out the form. Easy Cheesy. It takes longer

The Census Bureau has given the public 2 weeks extension to complete the questionnaire. You must completely fill out the form once you begin. For best results, turn off "cookies" temporarily. As for the many reasons for the census...understanding the population and the demographic allows the government to distribute monies for projects and budgets for local governments and in making decisions towards the best funding to meet needs of our communities.

Completing the Census will direct billions of dollars in federal funds to local communities for schools, roads, and other public services. Results from the 2020 Census will be used to determine the number of seats each state has in Congress and your political representation at all levels of government. "By law, response is required; all answers are confidential" according to Census Director, S. Dillingham.

If a person is unsure of using a computer, have questions or a request for a preferred language it can be handled by calling 1-844-330-2020. WARNING: No one is expected to come to your door during the governors "stay at home" proclamation until the Coronavirus is under control or eradicated. No one will come to the door to give citizens a medical test and no one except the person who gave you the virus test will call you for any information over the telephone. Do not give any personal information to unknown sources. Scammers are on the rise. NEVER give out information such as your Social Security number or Bank and Credit Union account numbers

Be Safe and Be Healthy, Andy email: ask andy@aol.com

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The SafeCenter Annual Dinner Has Been Postponed Until Oct. 22

submitted by Stephanie Molnar

After being quarantine in our homes, we'll all need something fun to look forward to!

Please see the attached the formal invitation for SafeCenter's annual dinner.

Thursday, October 22, 2020 from 5:30-7:30 pm at D'Mar Banquet and Conference Center, 1488 N Michigan 52, Owosso

Please contact us for price.

RSVP BY FRIDAY, October 5, 2020 to Stephanie at (989) 720-4572. stephanie@thesafecenter.org





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Pine Hills GC Temporarily **Shut Down**

LAINGSBURG — Following the Executive Order 2020-21 and our Shiawassee County Health Department Pine Hills Golf Course is temporarily shut down to all public activity till April 14th as directed in the order. This means we CANNOT have any public persons on the golf course during this temporary

We will have minimal staff continuing to care and maintain the golf course. When we reopen the course, it will be ready for

We do appreciate your patience and value the health and safety of you and families during this unprecedented time.

See you soon

Greg and Michelle Beavers

Pine Hills Golf Course.



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Still Time to Apply for LAFCU's 5K in College **Scholarships**

submitted by Jan Jenkins

- There's still time for Michigan high school LANSING seniors to apply for one of two \$2,500 college scholarships awarded via the unique 2020 LAFCU Write to Educate Essay Contest. The entry deadline is March 31.

The contest awards two \$2,500 scholarships (total \$5,000) and asks each recipient to designate a charity for a \$500 donation from LAFCU. The scholarships can be used at any accredited Michigan college or university beginning fall 2020.

Lansing State Journal is the community sponsor of the con-

"LAFCU believes that higher education should be within reach of anyone who has the passion to pursue it," said Kelli Ellsworth Etchison, LAFCU chief marketing officer. "That's why recipients are selected based solely on their one-page essay without regard to other factors such as grades. Every student who is a high school senior in Michigan qualifies to apply for this scholarship.'

The Lansing-based credit union is chartered to serve people and businesses throughout Michigan.

For the essay, applicants are asked to examine technology in their life: Does it have a positive or negative effect on their personal safety? For example, how do they handle texting and driving, whether for themselves or others? The winning essays will be published in the Lansing State Journal.

For the charity donations, each winner will select one of the following organizations for a \$500 donation from LAFCU:

- The Arc of Mid-Michigan
- Child and Family Charities
- CASA for Kids

Applicants do not need to be LAFCU members.

Information is at www.lafcu.com/lafcumyway where entries can also be uploaded.

Commodity Supplemental Food **Program (CSFP for Seniors)**

submitted by Rebecca Zemla

Applications for the Commodity Supplemental Food Program (Senior CSFP) are currently being taken by phone. This program provides nutritious food, on a monthly basis, to low-income residents of Shiawassee County who are 60 years of age or above.

Persons 60 years of age or older must meet the 130% Poverty index. Family size 1 - \$16,588; family size 2 - \$22,412; family size 3 - \$28,236. For each additional family member add - \$5,824.

Distribution for Shiawassee County will begin April 7,

The process - As it stands now, the procedure will be drive through. You will begin on Corunna Avenue, drive to the ramp area (there maybe a line - STAY IN YOUR CAR - and you will wait your turn.) Please have your ID in your hand for verification. We will check off your name at the back of the building where your food will be put in your vehicle and you may drive out the back driveway. This will be a one way drive-through; AT NO POINT WILL YOU LEAVE YOUR VEHICLE. This PROCESS is being put into place to protect you and CACS

If you don not already have someone designated to pick up your food, you may call the CACS office at 989-723-3115 and let us know who you are designating to pick it up If you are not

registered, please call the office at 989-723-3115 to pre-register.

Available hours are 9:00 a.m. to 12:00 p.m. and 1:00 p.m. to 4:00 p.m.



